



D15 CDT

Dublin 15

Community Drugs Team C.L.G.

**If you
are having
problems with
drugs or
alcohol.**

Call us on: - 01-8216601

Follow us on Instagram: @d15cdt

Facebook: Dublin 15 Community Drugs Team

Twitter: @D15CDT

Dublin 15 Community Drugs Team Tel: 8216601

Dublin 15 Community Drugs Team Tel: 8216601

Why contact us?

We are a team that have worked in the addiction services for many years and are trained in :-

- Addiction Intervention Therapies.
- Suicide awareness (ASIST)
- Conflict resolution.
- Cognitive Behavioural Therapy
- C.R.A./C.R.A.F.T.
- Motivational Interviewing.
- Life/Recovery coaching.
- Assessment for treatment.
- Key working.
- Care planning.
- Case management.
- Reduce the Use programme.
- Resonance Factor programme.
- Complimentary therapies.
- 5 steps programme
- Strengthening Families Programme

Call Us on 01-8216601

Follow us on Instagram:
@d15cdt

Follow us on Facebook:
Dublin 15 Community Drugs Team.

Twitter:
@D15CDT

Who are we?

We are based in Parslickstown House, in Mulhuddart.

We also provide a stabilisation programme for those who have multiple substance misuse issues and need to stabilise their drug use and lives.

Office (Gary)	01 8216601
Ann	087 9881981
Helen	087 9897377
Lorraine	087 2448278
Robbie	087 3734309




Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



D15 CDT

Dublin 15 Community
Drugs Team C.L.G.

Who are the D15 CDT?

We are the Dublin 15 Community Drugs Team.

We are funded by the HSE and the Local
Drugs & Alcohol Task Force.

We are a team of 6 and have been employed
in the addiction services for over 25 years and
have collectively over 100 years of experiences.

We are managed by a Board made up of
people within the community with experience
of Community Development, Family Support,
Social Work, Service Users representation,
Elected Government Representative, Human
Resources, Finance and Addiction.



Dublin 15 Community Drugs Team Tel: 8216601

Dublin 15 Community Drugs Team Tel: 8216601

Dublin 15 Community Drugs Team Tel: 8216601

How can we help you?

If you are referred to us or just turn up at our door:-

- You will be assessed.
- We look at your needs.
- We begin your care plan.

- We can advocate on your behalf for any other services needed to help you along the way to your recovery.
- We work closely with people who want to detox or become drug free.
- We are trained in interventions to work with people wanting to:-
 - *Make changes to their lives.*
 - *Want a life less chaotic.*
 - *Want a life that they are in control of.*
 - *Want good health and a better quality of life.*

Our focus is:- to work with you as you journey towards your recovery from a chronic drug use lifestyle to a life that is more manageable, healthier and purposeful.

Call Us on 01-8216601

What can we do for you?

We offer you a programme of confidential services, free of charge, on a daily basis:-

- Assessment.
- Best practice interventions to address your addiction.
- One to one keyworking.
- Care planning/ Case management.
- Counselling.
- Alternative therapies.
- Referral to appropriate services.
- Stabilisation.
- Reintegration support.

We will do our very best for you and with you!



How we work!

Our aim is to work with you to address your drug use.

Our focus is to:

To work with you to stabilise your drug use, establish a better quality of life and when ready, to move you into rehabilitation/education/employment

Remember:

We want to help you grow confidence in the skills you will learn along the way so you can forge ahead towards a more manageable and healthier life.

Call Us on 01-8216601

Follow us on Instagram:
@d15cdt

Follow us on Facebook:
Dublin 15 Community Drugs Team.

Twitter:
@D15CDT